



St. Dunstan's Preschool

Newsletter September 2023

Dear Parents and Caregivers,

Thank you to all our special visitors that were able to attend our grandparents and visitors day. We will invite you all back to our end of year party!

Upcoming Dates

Class/Event	Date/Details
<p>Excursion- Kings Park</p> <p>Permission notes have now been sent via Adobe. If you haven't received a copy please reply back to this email or speak to an educator.</p>	<p>** Rescheduled to Week Starting 11th of September</p> <p>Amigo- Tuesday 12th of September Rafiki- Wednesday 13th of September Bunji- Thursday 14th of September Chingu- Friday 15th of September</p>
<p>Spring Thing</p> <p>See below for more details</p>	<p>Saturday 16th of September</p>
<p>Support Network</p> <p>We were wondering if any families would be interested in joining a support network, here at preschool for our St Dunstan's families.</p> <p>Educators from the preschool will facilitate these meetings, regarding topics that normally come up during our family meetings such as guiding children's behaviour, sleep time routines, language development, mealtimes, or a topic that might be of concern/interest to you.</p> <p>We plan to have these support meetings during the day, and you are welcome to bring any younger siblings along with you if you cannot find alternate care.</p> <p>We are asking you to reply to this email if you would be interested in attending one of these sessions, along with a topic you</p>	<p>Wednesday 20th September and Thursday 21st of September</p>

are most interested in learning more about/would like support in.	
Last Day of Term 3	Amigo and Rafiki- Wednesday 20 th of September Bunji and Chingu- Friday 22 nd of September
First Day of Term 4	Amigo and Rafiki- Monday 9 th of October Bunji and Chingu- Thursday 12 th of October

Spring Thing

Please join our Macquarie Anglican's community event on Saturday 16th of September at St George's Preschool and Church (100 Balaclava Rd Eastwood). Educators from St Dunstan's will be there helping with some craft experiences.

If you can come, please let us know so we can look out for you. We hope to see you there!



Child Safety

As part of our commitment to child safety, in August all our educators attended a training session in delivering a program called the SAFE Series. A flyer with information for families and caregivers regarding the program is attached. We will be starting to use the books and characters from the SAFE Series, to intentionally teach all children at preschool about personal safety and protective behaviours, in a safe and child friendly way. We will make sure we share with you when we have engaged in this teaching, so that you can continue to have these conversations at home, as this has been proven to be the most effective way for children to learn and use these skills.

The key messages we will be reinforcing with the children are:

- Children have a right to feel safe at all times
- Nothing is so awful that you can't talk about it

- The child should be listened to
- The child will be believed

If you have any questions, please speak to your child's educators, Michelle, or Stacey.

Lunch Boxes

With warmer weather, we are asking families to pack an ice brick/pack in your child's lunch boxes to keep their food at the optimal/safe temperature. We have been putting children's lunches in the fridge however upon reflection we feel it would be more meaningful for families to not rely on the fridge as you will not have access to this next year at primary school.

Your St Dunstan's Family

Michelle, Mimi, Rubi, Stacey, Esther, Terrie, Sephine, Young, Ben, Lynette and Simone

